



Freeport Park District

Job Description

Job Title: Lifeguard

Department: Recreation

Reports To: Aquatics Supervisor

Starting Pay: \$15.00 / hour

SUMMARY: The Freeport Park District is seeking responsible, safety-focused individuals to join our aquatics team as seasonal lifeguards. Lifeguards play a vital role in ensuring a safe, welcoming, and enjoyable environment for all pool patrons. Lifeguards are responsible for the overall safety of aquatic facility patrons. This position requires constant vigilance, enforcement of pool rules, and the ability to respond quickly and effectively in emergency situations.

ESSENTIAL DUTIES AND RESPONSIBILITIES

- Maintain the highest safety standards and enforce all pool rules and policies
- Monitor pool patrons and respond to emergencies or distressed swimmers
- Enforce rules and regulations of the Read Park Family Aquatic Center
- Administer First Aid and CPR when necessary
- Perform routine pool duties, including inspections and basic equipment checks
- Communicate maintenance or safety concerns to supervisors
- Complete required paperwork related to incidents, injuries, or rescues
- Assist with Risk Management activities

QUALIFICATIONS

- Current Red Cross Lifeguarding certification, including First Aid and CPR (or ability to obtain certification through the Park District)
- Ability to remain alert, attentive, and calm in emergency situations
- Strong communication and customer services skills
- Ability to work flexible hours, including evenings, weekends, and holidays
- Successful completion of background check and mandated reporter training

KNOWLEDGE, SKILLS, & ABILITIES

- Knowledge of pool safety rules, emergency action plans, and rescue techniques
- Ability to read and interpret safety rules, operating instructions, and procedure manuals
- Ability to write routine reports and complete required documentation
- Strong verbal communication skills and ability to interact effectively with patrons and staff

WORK ENVIRONMENT

Work is performed outdoors and regularly involves exposure to water, wet or humid conditions.