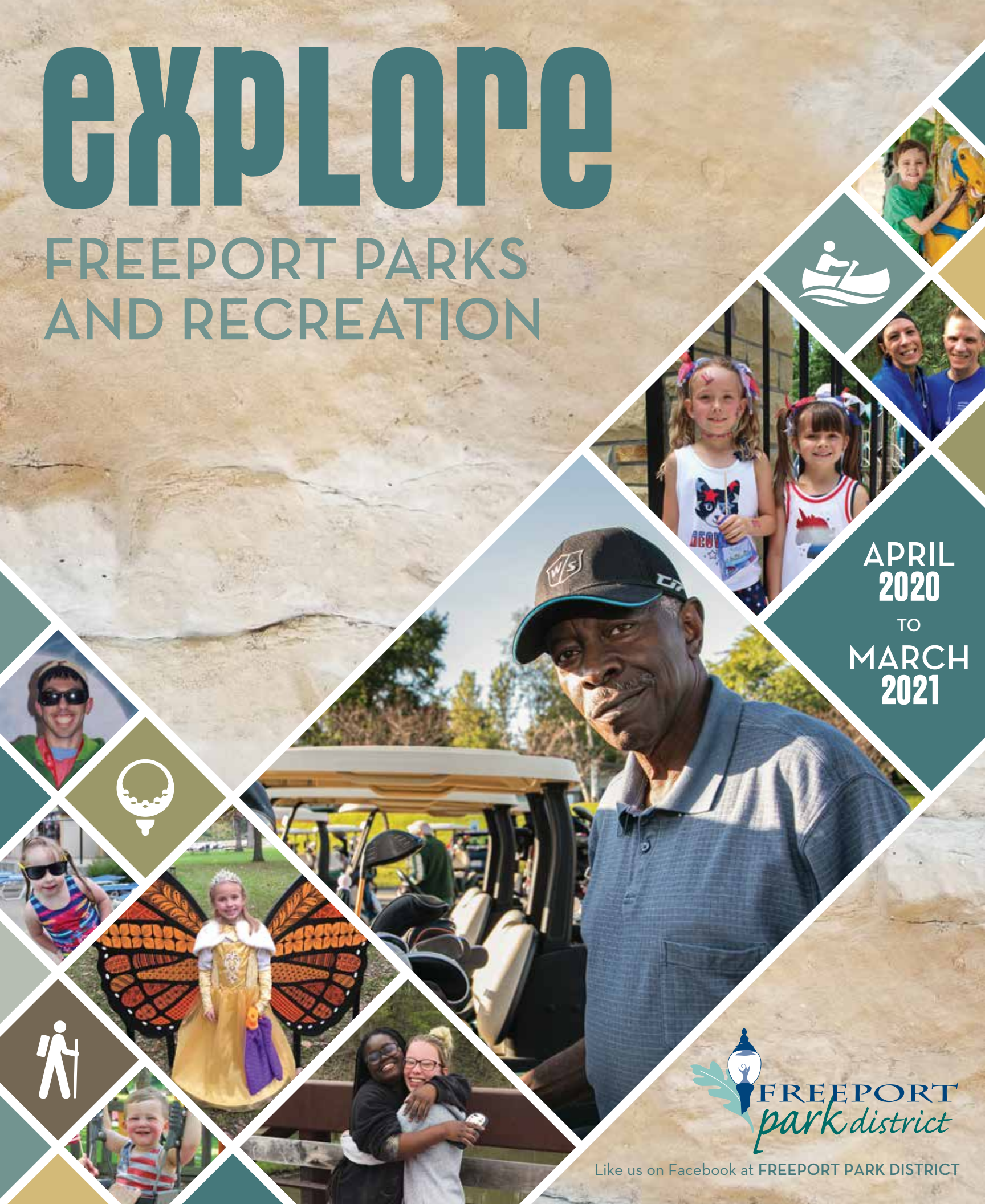
explore

FREEPORT PARKS AND RECREATION



APRIL 2020 TO MARCH 2021

FREEPORT park district

Like us on Facebook at **FREEPORT PARK DISTRICT**

Scenic Spaces. Fun Places.

Events Calendar

APRIL 2020

April 11
Bunny Trail

JUNE 2020

June 12
Music on the Patio
at Park Hills Golf Course

June 14
Freeport Concert Band
(Sunday evenings through July 26)

June 27
Pretzel City 5K

JULY 2020

July 10
Luau Party

July 10
Music on the Patio
at Park Hills Golf Course

AUGUST 2020

August 2
Freeport Choral Society

August 14
Music on the Patio
at Park Hills Golf Course

SEPTEMBER 2020

September 6
Art in the Park

OCTOBER 2020

October 3
Autumn Leaf Run

October 31
Trick or Treat Trail

FEBRUARY 2021

February 12, 2021
Candyland Ball

February 26, 2021
Mom & Me Masquerade

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general information

MISSION STATEMENT

The mission of the Freeport Park District is to promote the use of recreation in generating an exciting, dynamic quality of life by providing the highest quality facilities and programs to meet the ever-changing needs and interests of individuals of all ages and abilities. The Park District will preserve and protect land and resources for the enrichment of the community and future generations.

OFFICE HOURS

The Park District's Administration Center is located at 1122 S. Burchard Avenue. Regular office hours are 8:00 am - 5:00 pm Monday through Friday.

IMPORTANT PHONE NUMBERS

Park District Office	815-235-6114
Facility and Program Updates	815-801-PARK (7275)
Fax Machine	815-233-9210
Krape Park Miniature Golf	815-801-PUTT (7888)
Park Hills Golf Course	815-235-3611
Read Park Family Aquatic Center	815-801-SWIM (7946)
Stephenson County Historical Society	815-232-8419

BOARD OF COMMISSIONERS

Ken Collin	Commissioner
Tom Jungen	Commissioner
Debbie Schwartz	Commissioner
Dana Stewart	Commissioner
George Yarzak	Commissioner

BOARD MEETINGS

The Park Board generally meets on the first and third Tuesdays of each month at 6:30 pm at the Park District Administration Center at 1122 S. Burchard Avenue. The public is invited to attend.

STAFF

Jack Carey, Executive Director	ext. 104
Vickie Witt, Office Manager	ext. 102
Ron Schneider, Assistant Director	ext. 105
Bruce Cubberley, Superintendent of Parks & Natural Resources	ext. 103
Merle Hull, Maintenance Supervisor	ext. 130
Berin Jackson, Recreation Supervisor	ext. 109
Anna Schulz, Recreation Supervisor	ext. 108
Karen Valkema, Communications and Marketing Manager	ext. 115
Jeff Hartman, Golf Course Manager & Golf Pro	ext. 190
Rick Fago, Head Greenskeeper	ext. 195
Coleman Metz, Assistant Greenskeeper	

RESIDENCY POLICY

For purposes of registering for a Freeport Park District program, renting a District facility or purchasing a District service at the resident rate, the individual's primary residence must be within the Freeport Park District boundaries. Any owner of real estate within the boundaries of the Freeport Park District and paying taxes to the Freeport Park District, but residing outside the boundaries of the District, shall receive the resident rate, as will the immediate family. Immediate family defined as spouse and/or children residing with property owner. Proof shall be required in the form of property tax bill and photo identification.

GIFT CERTIFICATES

Freeport Park District gift cards are great for any occasion and can be used towards recreation program registrations, season passes, facility rentals and admissions. Gift cards can be purchased for any denomination and quantity. To purchase a gift card, please visit the Freeport Park District office or call us at 815-235-6114 ext. 0.

AMERICANS WITH DISABILITIES ACT

If you need assistance in accordance with the Americans with Disabilities Act, please contact the Freeport Park District Office or state your need when registering for a Freeport Park District program.

PHOTO POLICY

Occasionally, Park District staff may videotape or photograph participants enrolled in programs, classes, events or enjoying park facilities. These photographs are for Park District publications, flyers, brochures and future promotional materials. All photos and videos taken on Park District property are for Park District use and become its sole property.

FINANCIAL AID

The Freeport Park District recognizes the need within our community to provide assistance to residents who do not have the financial resources to participate in the fee-based services we provide. Financial Aid is available for Freeport Park District residents who meet the District's Financial Aid program guidelines. Financial Aid Guidelines and Application are available at the Freeport Park District Office.

EQUAL OPPORTUNITY

Persons believing that they have been discriminated against by Freeport Park District on the basis of color, sex, race, national origin or handicap may file a complaint with the Freeport Park District or the Office of Equal Opportunity, U.S. Department of the Interior, Washington, D.C.

DONATION POLICY

The Freeport Park District is committed to partnering, collaborating and supporting local non-profit organizations whose activities support or enhance leisure opportunities for the Freeport community. All donation requests shall be submitted to the Board of Commissioners through the Executive Director no later than 30 days prior to the date of the event or need.

GENERAL USE REGULATIONS

A complete set of rules and regulations regarding the Freeport Park District is on file and available for public use at the Administration Center located at 1122 S. Burchard Avenue. Residents are welcome to stop by and pick up a copy for their personal use.

PUBLIC NUISANCE REGULATIONS

The Freeport Park District is committed to operating our parks in a safe and secure manner. A Motor Vehicle which is used in violation of Sound Amplification Systems, Window Obstructed Vision, Curfew Violation, Required Liability Insurance, Underage Possession of Alcoholic Liquor, Unlawful Possession of Drugs, Unlawful Possession of Weapon, Fleeing or Attempting to Elude Police Officer shall be declared a public nuisance and a threat to public safety.

FREEPORT PARKS FOUNDATION

The Freeport Parks Foundation is a not-for-profit organization created to provide resources beyond conventional public funding to enrich and enhance the Freeport Park District. The Foundation is fully committed to assisting the Freeport Park District reach its full potential in terms of land acquisition, facility enhancement, parks beautification, and programming. If you are interested in contributing to the Foundation or would like additional information, please call 815-801-2500.

CITY OF FREEPORT CURFEW ORDINANCE

Age 16 = 10:00 pm – 6:00 am Sunday thru Thursday;
12:00 am – 6:00 am Friday and Saturday

Age 12 – 15 = 9:00 pm – 6:00 am Sunday thru Thursday;
11:00 pm – 6:00 am Friday and Saturday

Ages 11 & under = 8:00 pm – 6:00 am Sunday thru Thursday;
10:00 pm – 6:00 am Friday and Saturday

*For a complete listing of the ordinance and exemptions, please contact the City of Freeport Police Department or view online at http://www.amlegal.com/freeport_il/.

special events

BUNNY TRAIL

Saturday, April 11, 2020 • 11:00 am - 12:30 pm
Trail begins by the Krape Park Carousel

Hippity hop over to Krape Park and bring a basket to gather eggtra special treats. The trail begins by the carousel and the walkways are stroller, wheelchair and BUNNY friendly! Along the way, the entire family can visit with the bunny, participate in fun activities, and interact with barn yard animals in the petting zoo. Admission is free and pre-registration is not required.

MUSIC ON THE PATIO

Fridays, June 12, July 10, August 14, 2020
5:00 – 8:00 pm • Park Hills Golf Course

Golfers and non-golfers will enjoy spectacular views and toe-tapping entertainment from local musicians. Grab a foursome and a few comfy lawn chairs. Bring the entire family and join us outside on the patio. We'll be serving up great entertainment, snacks and adult beverages. Admission is free. Fun for all ages, including children.

FREEPORT CONCERT BAND

Sunday evenings, June 14 – July 26, 2020
Concerts begin at 7:00 pm • Koenig Amphitheater in Krape Park

What could be better than a canopy of trees surrounding an iconic band shell and music under the stars from incredible musicians? There's plenty of bench seating or bring along some lawn chairs. Admission is free.

CONDUCTOR SCHEDULE: June 14 - Olive Peterson; June 21 - Bill Petersen; June 28 - Renee Schultz; July 5 - Scott Stich; July 12 - Travis Cunningham; July 19 - Nicky Arn; July 26 – Bill Petersen, Freeport Early Jazz Society

PRETZEL CITY 5K

Saturday, June 27, 2020
Race starts at 8:00 am
Check in at Gunkel Shelter in Krape Park

On Your Mark...Get Set...GO! Are you a novice looking to conquer your first 5K? Or a seasoned competitor training to beat your personal best time? All levels of runners and walkers are welcome to participate. The course consists of flat roadways and paths that wind through picturesque Krape Park. The race is also part of the Rockford Road Runners circuit. All pre-registered participants will receive an event T-shirt.

Registration
$25 for Pre-registrations by June 24th
$10 for kids 19 & under
Register online at **www.pretzelcity5kfreeport.com**

$30 for race day registrations
(t-shirt not guaranteed)
Race day registration from 7:00 - 7:30 am

LUAU PARTY

Friday, July 10, 2020
6:00 - 8:00 pm • Read Park Family Aquatic Center

Make A Splash! All ages are welcome for this upbeat event. Water games and dance music will be provided by Jitterbug Entertainment. Discount Family Swim Admission rates and rules will apply. Participants 18 yrs. and younger must be accompanied by a parent or legal guardian. Proper swim attire required.

FREEPORT CHORAL SOCIETY

Sunday, August 2, 2020
Performance begins at 7:00 pm
Koenig Amphitheater in Krape Park

Beautiful voices blend with the treetops to serenade summer. Bring your family and friends to enjoy the scenery and sounds at our picturesque outdoor amphitheater. Admission is free.

ART IN THE PARK

Sunday, September 6, 2020
10:00 am – 5:00 pm • Krape Park

One of a kind art showcased in one of a kind, natural surroundings...that's Art in the Park. It's the place where talented artists from across the region gather to display their finest work including paintings, glass work, photography, jewelry, sculptures and much more. There will be live music, kid's crafts, carousel rides and tasty servings from local food vendors.

Now in its 13th year, Art in the Park is co-hosted by the Freeport Park District and Freeport Art Museum. This is a juried art show. Deadline for artist submissions is June 30th. Learn more at **www.artintheparkfreeport.com**.

AUTUMN LEAF RUN

Saturday, October 3, 2020
Race starts at 9:00 am • Oakdale Nature Preserve Park

Take in the spectacular scenery at the Autumn Leaf Run. It's open to all ages and all skill levels of runners, walkers and nature enthusiasts. The 5K trail loops through diverse terrain including wide tree-lined trails, moderate hills, prairie areas, bridge crossings and several single-track trail sections. The start and finish lines will be in close proximity and the race will be timed using a chip timing system. All proceeds go to the Freeport Parks Foundation to help fund upcoming projects at Oakdale Nature Preserve Park.

Registration
$25 for pre-registration by September 30th • Register online, visit **www.freeportparkdistrict.org**
$35 for race day entry from 7:00 – 8:30 am (t-shirt not guaranteed)

TRICK-OR-TREAT TRAIL

Saturday, October 31, 2020

3:00 – 5:00 pm • Trail begins by Krape Park Carousel

How do you load up on Halloween treats in a fun, totally safe and festive outdoor setting? There's a trick--it's the Trick-or-Treat Trail! Parents appreciate the one-stop convenience, stroller-friendly walkways, and this safe alternative to trekking up and down streets with costumed children. In addition to great treats, there will be interactive activities along the way designed to be entertaining not frightening. The trail begins near the carousel and admission is free.

CANDYLAND BALL

Register early for this treasured gala for Dads (or significant adult) and daughters 10 yrs. or younger. It's the perfect opportunity to dress up and enjoy an evening of royalty and dancing at the Masonic Temple ballroom. Pre-registration is required and space is limited.

Age	Day	Time
10 & under	F	6:00-8:30 pm

Date	Register By
2/12/2021	2/10/2021

R/NR Fee	Code #
$14/15	106011-01

MOM AND ME MASQUERADE

Moms, your special young man 10 yrs. or younger would love to escort you to an evening of dancing, prizes and entertainment. Fees includes dance admission, games, refreshments and dessert. Space is limited and pre-registration is required.

Age	Day	Time
10 & under	F	6:00-8:30 pm

Date	Register By
2/26/2021	2/24/2021

R/NR Fee	Code #
$14/15	106051-01

BUS TRIPS

ART INSTITUTE OF CHICAGO BLOCK PARTY BUS TRIP NEW

Live performances, artist talks, storytelling, film screenings, and access to the entire museum – experience the sights and sounds that make the Art Institute's Annual Block Party a summer favorite. Buses will depart and return to the McKinley Avenue parking lot located in Read Park. All children must be accompanied by a parent or legal guardian.

Age	Day	Time	Date	Register By	R/NR Fee	Code #
Adult	Su	8:00 am-7:30 pm	7/26/20	7/10/20	$42/45	110011-01

NAVY PIER BUS TRIP

Bring the whole family, we're headed to Chicago's Navy Pier. It's your day and all up to you. On the pier, you can ride the 15-story Ferris wheel, catch a movie at the IMAX® Theatre, play at the Chicago Children's Museum or rent a bike and enjoy the lakefront. Another option is to take a taxi and dine, shop and explore Michigan Avenue. Fees include round trip bus transportation. Additional activities are at the cost of the participant. All children must be accompanied by a parent or legal guardian.

Age	Day	Time	Date	Register By	R/NR Fee	Code #
Adult	Sa	8:00 am-8:00 pm	6/20/20	6/5/20	$31/34	210013-02

FREEPORT PARKS foundation

Freeport Parks Foundation assists the Park District by funding projects and programs that will leave a meaningful and lasting legacy for future generations of park patrons. Individual donations are welcomed and appreciated. Find out more at freeportparksfoundation.org

CHICAGO CUBS BUS TRIPS

Hop aboard. Let us take you out to the ballfield! We're headed to Wrigley Field to watch the Chicago Cubs with two game options. Join us for one or both. Payment for games and groups due at registration. Buses will depart from the Administration Center in Read Park. All children must be accompanied by a parent or legal guardian. Walking several blocks from bus parking area to the stadium may be required.

Game	Day	Time	Game Time	Date	Register By	R/NR Fee	Code #
Cubs vs Brewers	Sa	8:30 am-7:30 pm	1:20 pm	8/1/20	7/17/20	$100/105	210012-01
Cubs vs Cardinals	Sa	8:30 am-7:30 pm	1:20 pm	9/26/20	9/11/20	$100/105	210012-02

MAGNIFICENT MILE BUS TRIP

FaLaLa! Enjoy the holiday decorations and shopping in Chicago without the hassle of driving there. We'll drop you off right in the heart of the Magnificent Mile where you can shop, see the lights and explore unique cuisines. Buses will depart and return to the McKinley Avenue parking lot located in Read Park. Payment is due at the time of registration. All children must be accompanied by a parent or legal guardian.

Age	Day	Time	Date	Register By	R/NR Fee	Code #
Adult	Sa	9:00 am-9:00 pm	12/5/20	11/20/20	$31/34	310011-01

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FREEPORT PARK DISTRICT

SCENIC SPACES. FUN PLACES
JULY 2020
NATIONAL
PARK + REC
MONTH

aquatics programs

SWIM LESSONS - LEVEL 1

Introduction to Water Skills - Participants will learn to enter and exit water safely, float on front and back, submerge underwater, exhale underwater, explore swimming on front and back, follow basic water safety rules, and submerge to pick up objects underwater. **Location: Read Park Family Aquatic Center**

Age	Day	Time	Date	Register By	R/NR Fee	Code #
5-16	M-F	9:00-9:45 am	6/29-7/10/20	6/22/20	$50/55	207011-01
5-16	M-F	10:00-10:45 am	6/29-7/10/20	6/22/20	$50/55	207011-02
5-16	M-F	5:15-6:00 pm	6/29-7/10/20	6/22/20	$50/55	207011-03
5-16	M-F	9:00-9:45 am	7/20-7/31/20	7/13/20	$50/55	207011-04
5-16	M-F	10:00-10:45 am	7/20-7/31/20	7/13/20	$50/55	207011-05
5-16	M-F	5:15-6:00 pm	7/20-7/31/20	7/13/20	$50/55	207011-06

SWIM LESSONS - LEVEL 2

Fundamental Aquatic Skills - Participants will build on skills learned in Level 1 and learn to tread water, explore swimming on side, perform rhythmic breathing, glide on front and back, rollover front to back, and swim on front and back using combined strokes. **Location: Read Park Family Aquatic Center**

Age	Day	Time	Date	Register By	R/NR Fee	Code #
5-16	M-F	9:00-9:45 am	6/29-7/10/20	6/22/20	$50/55	207012-01
5-16	M-F	10:00-10:45 am	6/29-7/10/20	6/22/20	$50/55	207012-02
5-16	M-F	5:15-6:00 pm	6/29-7/10/20	6/22/20	$50/55	207012-03
5-16	M-F	9:00-9:45 am	7/20-7/31/20	7/13/20	$50/55	207012-04
5-16	M-F	10:00-10:45 am	7/20-7/31/20	7/13/20	$50/55	207012-05
5-16	M-F	5:15-6:00 pm	7/20-7/31/20	7/13/20	$50/55	207012-06

SWIM LESSONS - LEVEL 3

Stroke Development - Participants will build on skills learned in Level 2 and learn to jump into deep water, dive from sitting or kneeling position, bob with head fully submerged, perform rotary breathing, survival float, swim front crawl, swim back crawl, perform butterfly kick and body motion, perform HELP and huddle positions, perform reaching assists, and use Check-Call-Care in case of an emergency. **Location: Read Park Family Aquatic Center**

Age	Day	Time	Date	Register By	R/NR Fee	Code #
5-16	M-F	9:00-9:45 am	6/29-7/10/20	6/22/20	$50/55	207013-01
5-16	M-F	10:00-10:45 am	6/29-7/10/20	6/22/20	$50/55	207013-02
5-16	M-F	5:15-6:00 pm	6/29-7/10/20	6/22/20	$50/55	207013-03
5-16	M-F	9:00-9:45 am	7/20-7/31/20	7/13/20	$50/55	207013-04
5-16	M-F	10:00-10:45 am	7/20-7/31/20	7/13/20	$50/55	207013-05
5-16	M-F	5:15-6:00 pm	7/20-7/31/20	7/13/20	$50/55	207013-06

SWIM LESSONS - LEVEL 4

Stroke Improvement - Participants will build upon skills learned in Level 3 and learn to dive from compact or stride position, swim underwater, perform feet-first surface dive, coordinate butterfly, swim breaststroke, swim elementary backstroke, swim on side using scissors kick, perform open turns on front and back, tread water using sculling arm motions and kick, use safe diving rules, and perform throwing assists. **Location: Read Park Family Aquatic Center**

Age	Day	Time	Date	Register By	R/NR Fee	Code #
5-16	M-F	9:00-9:45 am	6/29-7/10/20	6/22/20	$50/55	207014-01
5-16	M-F	10:00-10:45 am	6/29-7/10/20	6/22/20	$50/55	207014-02
5-16	M-F	5:15-6:00 pm	6/29-7/10/20	6/22/20	$50/55	207014-03
5-16	M-F	9:00-9:45 am	7/20-7/31/20	7/13/20	$50/55	207014-04
5-16	M-F	10:00-10:45 am	7/20-7/31/20	7/13/20	$50/55	207014-05
5-16	M-F	5:15-6:00 pm	7/20-7/31/20	7/13/20	$50/55	207014-06

SWIM LESSONS - LEVEL 5

Stroke Refinement - Participants will build upon skills learned in Level 4 and further refine the front crawl, back crawl, sidestroke, breaststroke, butterfly, and elementary backstroke. Participants will also learn to shallow dive and begin swimming, tread water with two different kicks, survival swimming, tuck and pike surface dives, front flip turn, backstroke flip turn, and rescue breathing. **Location: Read Park Family Aquatic Center**

Age	Day	Time	Date	Register By	R/NR Fee	Code #
5-16	M-F	9:00-9:45 am	6/29-7/10/20	6/22/20	$50/55	207015-01
5-16	M-F	10:00-10:45 am	6/29-7/10/20	6/22/20	$50/55	207015-02
5-16	M-F	5:15-6:00 pm	6/29-7/10/20	6/22/20	$50/55	207015-03
5-16	M-F	9:00-9:45 am	7/20-7/31/20	7/13/20	$50/55	207015-04
5-16	M-F	10:00-10:45 am	7/20-7/31/20	7/13/20	$50/55	207015-05
5-16	M-F	5:15-6:00 pm	7/20-7/31/20	7/13/20	$50/55	207015-06

SWIM LESSONS - LEVEL 6

Swimming and Skill Proficiency - Participants will further refine all six strokes to perform them with greater ease, efficiency, power and smoothness over longer distances. **Location: Read Park Family Aquatic Center**

Age	Day	Time	Date	Register By	R/NR Fee	Code #
5-16	M-F	9:00-9:45 am	6/29-7/10/20	6/22/20	$50/55	207016-01
5-16	M-F	10:00-10:45 am	6/29-7/10/20	6/22/20	$50/55	207016-02
5-16	M-F	5:15-6:00 pm	6/29-7/10/20	6/22/20	$50/55	207016-03
5-16	M-F	9:00-9:45 am	7/20-7/31/20	7/13/20	$50/55	207016-04
5-16	M-F	10:00-10:45 am	7/20-7/31/20	7/13/20	$50/55	207016-05
5-16	M-F	5:15-6:00 pm	7/20-7/31/20	7/13/20	$50/55	207016-06

PARENT-TOT SWIM LESSONS

Designed for parents and tots ages 4 and under. This class will introduce your child to the pool in an interactive and fun atmosphere. Parent is required to be in water with child at all times. **Location: Read Park Family Aquatic Center**

Age	Day	Time	Date	Register By	R/NR Fee	Code #
0-4	M-F	9:00-9:45 am	6/29-7/10/20	6/22/20	$50/55	207017-01
0-4	M-F	10:00-10:45 am	6/29-7/10/20	6/22/20	$50/55	207017-02
0-4	M-F	5:15-6:00 pm	6/29-7/10/20	6/22/20	$50/55	207017-03
0-4	M-F	9:00-9:45 am	7/20-7/31/20	7/13/20	$50/55	207017-04
0-4	M-F	10:00-10:45 am	7/20-7/31/20	7/13/20	$50/55	207017-05
0-4	M-F	5:15-6:00 pm	7/20-7/31/20	7/13/20	$50/55	207017-06

BEGINNING DIVING LESSONS

For good swimmers who are comfortable in deep water. This two-week course develops strength, flexibility and confidence while learning basic dives off a one-meter springboard. Emphasis is placed on safe diving.
Location: Read Park Family Aquatic Center

Age	Day	Time	Date	Register By	R/NR Fee	Code #
8-16	M-F	10:00-10:45 am	6/15-6/26/20	6/09/20	$50/55	207019-01

PRIVATE SWIM LESSONS

If you are looking for more individualized swim instruction, private swim lessons are available at the Read Park Family Aquatic Center. Private lessons are available for any level of swimmer age 3 and older. Register for private swim lessons at the Administration Center or Read Park Family Aquatic Center.

· 1/2 hour lesson - $20 **· 1/2 hour lesson (x4) - $60**

LITTLE FINS

This program is designed for the soon-to-be swimmer who is ready to explore the water without a parent, but not ready to participate in Level 1 swim lessons. Classes will be kept to a minimum 1 to 3 instructor/participant ratio. **Location: Read Park Family Aquatic Center**

Age	Day	Time	Date	Register By	R/NR Fee	Code #
3-4	M-F	9:00-9:45 am	6/29-7/10/20	6/22/20	$60/65	207041-01
3-4	M-F	10:00-10:45 am	6/29-7/10/20	6/22/20	$60/65	207041-02
3-4	M-F	5:15-6:00 pm	6/29-7/10/20	6/22/20	$60/65	207041-03
3-4	M-F	9:00-9:45 am	7/20-7/31/20	7/13/20	$60/65	207041-04
3-4	M-F	10:00-10:45 am	7/20-7/31/20	7/13/20	$60/65	207041-05
3-4	M-F	5:15-6:00 pm	7/20-7/31/20	7/13/20	$60/65	207041-06

ADULT SWIM LESSONS

Designed for the non-swimmer, you will be introduced to water safety, survival float, front crawl skills and other basic strokes. **Location: Read Park Family Aquatic Center**

Age	Day	Time	Date	Register By	R/NR Fee	Code #
Adult	M-F	9:00-9:45 am	6/29-7/10/20	6/22/20	$50/55	207021-01

AQUA YOGA

Join us for a gentle and very low impact aquatic activity. This water-based yoga class is designed to enhance mobility, stretch muscles, increase flexibility, and connect body and mind. **Location: Read Park Family Aquatic Center**

Age	Day	Time	Date	Register By	R/NR Fee	Code #
Adult	T/Th	5:15-6:00 pm	8/4-8/13/20	7/30/20	$40/44	207061-01

LIFEGUARD EMPLOYMENT AND TRAINING

Freeport Park District is looking for lifeguards to work at the Read Park Family Aquatic Center, May – September. All lifeguards are required to be certified through the American Red Cross. If you are reliable, attentive, and comfortable in the water, we offer opportunities to become trained and certified as a lifeguard. To find out more or to apply for a job, contact us at 815-235-6114 or email contact@freeportparkdistrict.org.

YOUTH PROGRAMS

JUNIOR GROUP GOLF LESSONS

Learn ball set up, stance and the basics and fundamentals of the golf swing. **Location: Park Hills Golf Course**

Age	Day	Time	Date	Register By	R/NR Fee	Code #
8-17	TU	10:00-10:45	6/9-7/7/20	6/5/20	$50	215021-01

PRIVATE GOLF LESSONS

All golf lessons are taught by PGA Professional Jeff Hartman. Call the Pro Shop at 815-235-3611 to set up a lesson time. **Location: Park Hills Golf Course**

Youth:	**· 1/2 hour lesson - $20**	**· 1/2 hour lesson (x4) - $60**
Adult:	**· 1/2 hour lesson - $30**	**· 1/2 hour lesson (x4) - $100**

T-BALL

T-ball is Freeport Park District's most popular instructional program. The 4-week program will focus on fundamentals. Participants will learn hitting, fielding, throwing, sportsmanship, and teamwork. Weather-related cancellations will be made up on Fridays. **Location: Read Park Ballfields**

Age	Day	Time	Date	Register By	R/NR Fee	Code #
4-5	M,W	5:30-6:30 pm	7/6-7/29/20	6/26/20	$50/55	202021-01

SPORTS SAMPLER

This exciting instructional class will introduce your child to the wide world of sports. A different sport will be explored every class. Basketball, soccer, t-ball, tennis, football, volleyball, golf and Tae Kwon Do will be introduced to students. Weather-related cancellations will be made up at the end of the regularly scheduled class. Please ask for a schedule with class locations when registering. **Location: Multiple Facilities**

Age	Day	Time	Date	Register By	R/NR Fee	Code #
4-6	Tu,Th	5:30-6:30 pm	6/9-7/2/20	6/5/20	$50/55	202051-01

YOUTH TENNIS LESSONS

This class provides a solid foundation to build skills and understand stance. Instruction includes hand-eye coordination, racket skills, and stroke production with emphasis on ground strokes, serves, returns, and volleys. Court position, scoring, and singles and doubles are introduced. Weather-related cancellations will be made up at the end of regularly scheduled class. **Location: Read Park Tennis Courts**

Age	Day	Time	Date	Register By	R/NR Fee	Code #
4-10	M-Th	5:30-6:30 pm	6/22-6/25/20	6/19/20	$25/30	202031-01
4-10	M-Th	5:30-6:30 pm	7/6-7/9/20	7/3/20	$25/30	202031-02

YOUTH ARCHERY LEAGUE

Archery League is a competitive two-person, team league for ages 7 through 18. The league will provide practice on a consistent basis, improve stance/technique, improve scoring, and stress safety. Scoring is handicapped for all ages and abilities. Bows and arrows will be provided for beginners. Personal equipment is recommended but not mandatory for intermediates. **Location: Indian Trails Archery**

Age	Day	Time	Date	Register By	R/NR Fee	Code #
7-18	Th	5:30-6:30 pm	10/1-11/19/20	9/25/20	$50/55	301041-01
7-18	Th	5:30-6:30 pm	2/4-3/25/21	1/29/21	$50/55	101041-01

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MARTIAL ARTS WITH MASTER AN

Master Sung Sop An and his black belt staff from the Rockford Academy instruct all classes. The Rockford Academy is World Tae Kwon Do Federation licensed, which means that each student's belt level will be recognized anywhere in the world.

The Freeport Park District does not require you to purchase any additional equipment to participate in martial art classes. However, if you would like to move up in the rank/belt system additional equipment, uniform, and testing fees will be determined by your instructor. Participation in competitions outside of the class will require additional registration and equipment fees.

LITTLE NINJAS

Join Master Sung Sop An and his black belt staff for Little Ninjas classes. This program is designed to teach 3 to 8-year olds the important qualities of respect, self-control, and confidence while improving motor skills and coordination.
Location: Read Park Pavilion

Age	Day	Time	Date	Register By	R/NR Fee	Code #
3-8	Th	5:45-6:15 pm	5/21-7/9/20	5/15/20	$60/65	214031-01
3-8	Th	5:45-6:15 pm	7/16-9/3/20	7/10/20	$60/65	214031-02
3-8	Th	5:45-6:15 pm	9/10-10/29/20	9/4/20	$60/65	314031-01
3-8	Th	5:45-6:15 pm	11/5-1/14/21*	10/30/20	$60/65	314031-02
3-8	Th	5:45-6:15 pm	1/21-3/11/21	1/15/2021	$60/65	114031-01
3-8	Th	5:45-6:15 pm	3/18-5/6/21	3/12/2021	$60/65	114031-02

***No Class 11/26, 12/24 & 12/31**

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FREEPORT PARK DISTRICT

TAE KWON DO

Tae Kwon Do teaches children to respect themselves and others based on five principles: courtesy, integrity, perseverance, self-control and indomitable spirit. Studies show that students that participate in martial arts programs often perform better in school. **Location: Read Park Pavilion**

Age	Day	Time	Date	Register By	R/NR Fee	Code #
9+	Th	6:15-7:00 pm	5/21-7/9/20	5/15/20	$60/65	214041-01
9+	Th	6:15-7:00 pm	7/16-9/3/20	7/10/20	$60/65	214041-02
9+	Th	6:15-7:00 pm	9/10-10/29/20	9/4/20	$60/65	314041-01
9+	Th	6:15-7:00 pm	11/5-1/14/21*	10/30/20	$60/65	314041-02
9+	Th	6:15-7:00 pm	1/21-3/11/21	1/15/2021	$60/65	114041-01
9+	Th	6:15-7:00 pm	3/18-5/6/21	3/12/2021	$60/65	114041-02

***No Class 11/26, 12/24 & 12/31**

ADULT ATHLETICS

ADULT GROUP GOLF LESSONS

Adult Group Golf Lessons include 5 lessons and 1 playing lesson on the golf course. Lessons cover all the basics and fundamentals of the golf swing. Also included is a coupon for (4) 9 hole green fees with a cart.
Location: Park Hills Golf Course

Age	Day	Time	Date	Register By	Fee	Code #
Adult	Tu	5:00-5:45 pm	5/5-6/2/20	5/1/20	$100	215011-01

MEN'S SOFTBALL LEAGUE

Summer Softball League will be played May - August. Each League consists of 10 games with double elimination tournament at the end of the season. Weather-related cancellations will be made up at the end of the regular schedule. *All scheduling and updates will be available on* ***www.quickscores.com/freeport.*** **Location: Taylor Park Ballfields**

Age	Day	Time	Date	Register By	Team Fee	Code #
Adult	M	6:00-10:30 pm	5/11-8/31/20*	5/1/20	$400	204061-01

***No Game 5/25**

30 & OVER 16" SOFTBALL LEAGUE

30 & Over 16" Softball will be played May - August. Teams may have two team members on roster that are under age 30. No umpires are used in this league. Umpire will be member of batting team. Mat will be used to call balls and strikes. *All scheduling and updates will be available on* ***www.quickscores.com/freeport.*** **Location: Read Park Ballfields**

Age	Day	Time	Date	Register By	Team Fee	Code #
Adult	Th	6:30-8:30 pm	5/14-8/27/20	5/8/20	$175	204131-01

READ PARK QUAD-PLEX

Quad-plex ballfields located in Read Park are available for rental. Call us at 815.235.6114

See page 33 for information on PARK HILLS GOLF COURSE

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ADULT Activities and Fitness

STARTING OUT IN ASTRONOMY

Through a mixture of lectures, discussions, and hands-on activities, this course will provide a foundation for those interested in the science and hobby of astronomy and understanding the night sky. Topics will include the basic use of a telescope, phases of the moon, and deep sky objects such as star clusters, nebulae and galaxies.

Course materials will be provided. Participants should wear warm clothing for cooler temperatures at night.
Location: Firebaugh Observatory

Age	Day	Time	Date	Register By	R/NR Fee	Code #
Adult	TH	7:00-9:00 pm	5/7-6/11/20	4/30/20	$50/55	203081-01

TAI CHI: MONDAYS

Tai Chi Chuan is a gentle form of exercise for relaxation. Tai Chi can help reduce stress and physical aches while keeping your system strong. Researchers have found that long-term Tai Chi practice has favorable effects on balance, flexibility and cardiovascular fitness. Wear loose fitting clothing and tennis shoes and bring plenty of water.
▶ **Location: Read Park Pavillion**

Age	Day	Time	Date	Register By	R/NR Fee	Code #
Adult	M	6:30-7:45 pm	5/11-7/13/20*	5/8/20	$40/45	203021-01
Adult	M	6:30-7:45 pm	7/20-9/14/20*	7/17/20	$40/45	203021-04
Adult	M	6:30-7:45 pm	9/21-11/9/20	9/18/20	$40/45	303021-01
Adult	M	6:30-7:45 pm	11/16-1/11/21*	11/13/20	$40/45	303021-04
Adult	M	6:30-7:45 pm	1/18-3/15/21	1/15/21	$40/45	103021-01
Adult	M	6:30-7:45 pm	3/22-5/10/21	3/19/21	$40/45	103021-04

***No Class 5/28 7/6 9/7 & 12/28**

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TAI CHI: TUESDAYS

▶ **Location: Krape Community Building**

Age	Day	Time	Date	Register By	R/NR Fee	Code #
Adult	Tu	9:00-10:15 am	5/12-6/30/20	5/8/20	$40/45	203021-02
Adult	Tu	9:00-10:15 am	7/14-9/1/20	7/10/20	$40/45	203021-05
Adult	Tu	9:00-10:15 am	9/15-11/3/20	9/11/20	$40/45	303021-02
Adult	Tu	9:00-10:15 am	11/17-1/5/21	11/13/20	$40/45	303021-05
Adult	Tu	9:00-10:15 am	1/19-3/9/21	1/15/21	$40/45	103021-02
Adult	Tu	9:00-10:15 am	3/23-5/11/21	3/19/21	$40/45	103021-05

ADULT ART CLASSES

FAM FREEPORT ART MUSEUM

Basic Drawing

Learn the fundamental techniques of observational drawing through both fun and challenging exercises. Every lesson will provide activities to practice at home that will improve representational drawing abilities. All materials are supplied. Projects will differ from last year's class. **Location: Freeport Art Museum**

Age	Day	Time	Date	Register By	R/NR Fee	Code #
Adult	Tu	6:00-7:30 pm	4/07-04/28/20	03/31/20	$60/65	203071-06

Basic Painting

Novice painters will explore the tools and techniques of painting with acrylics. Each lesson will be focused on a specific topic to build skills and knowledge. All supplies will be provided. Projects will differ from last year's class. **Location: Freeport Art Museum**

Age	Day	Time	Date	Register By	R/NR Fee	Code #
Adult	Tu	6:00-8:00 pm	9/22-10/13/20	09/15/20	$90/95	303071-07

JULY POP-UPS

Celebrate National Park & Recreation month thoughout July. Pop into these one time, co-ed Pop-Up classes and try something new. Sample a class and then consider joining more classes offered in the community.

Pop-up classes will be held on Tuesdays throughout July from 5:30-6:30 pm. Perfect for individuals, groups and families with youth age 12+. Admission is free. Donations to Freeport Parks Foundation appreciated.

Date	Day	Class	Location
July 7	Tu	Putting & Chipping	Park Hills Golf Course
July 14	Tu	Tai Chi	Koenig Amphitheater
July 21	Tu	Yoga	Koenig Amphitheater
July 27	Tu	ReFit	Koenig Amphitheater

Location and date may change due to inclement weather. Check our Facebook page for updates.

Special Recreation

Northlands Association for Special Recreation (NASR) is a cooperative partnership between the Rockford, Freeport and Belvidere Park Districts (referred to as member district). NASR programs are open to any individual with disability-related special needs such as physical, mental and developmental disabilities and persons with mental illness, behavior disorders, and visual and hearing impairments.

Member district residents are invited to participate in specialty/therapeutic (TR) programs offered through any member district at the resident rate. For participation in Inclusion Services at a member district other than your own member district, you must pay the non-resident rate for that specific program.

NASR
NORTHLANDS ASSOCIATION FOR SPECIAL RECREATION

Freeport Park District • Special Recreation Department • **www.freeportparkdistrict.org** • 815-235-6114
Rockford Park District • Therapeutic Recreation Department • **www.rockfordparkdistrict.org** • 815-987-8800
Belvidere Park District • Special Recreation Department • **www.belviderepark.org** • 815-547-5711

FRIENDS OF THE MUSEUM

The Freeport Art Museum and the Park District invite you to participate in a progressive arts program dedicated to facilitating the visual arts among our special recreation population. Over four months, including eight studio session in the museum, participants will create paintings, drawings, collages, and sculptures resulting in a dynamic, full-scale exhibition at the Freeport Art Museum that will be on view from August 15 through October 21. The Friends of the Museum program provides an inclusive, creative environment where artists of all abilities are invited to express themselves in the heart of the Museum. This program will conclude with a reception where the artists showcase their artwork on August 15th. **Location: Freeport Art Museum**

Age	Day	Time	Date	Register By	Fee	Code #
14+	Tu	4:30-6:00 pm	5/5-8/4/20	4/28/20	$38	212561-02

SPECIAL RECREATION DANCES

Do you love music, dancing, and socializing with friends? If so, grab your partner and come on over to the Freeport Park District Special Recreation Dances. These themed dances will be full of fun and excitement. Each dance will have music, decorations and a light snack. Feel free to dress to the theme!

NIGHT UNDER THE STARS

Location: 4-Seasons Banquet Center

Age	Day	Time	Date	Register By	Fee	Code #
15+	F	7:00-9:00 pm	5/8/20	5/1/20	$15	212051-02

MONSTER MASH

Location: Carl Sandburg School

Age	Day	Time	Date	Register By	Fee	Code #
15+	F	7:00-9:00 pm	10/09/20	10/06/20	$10	312051-02

HOLIDAY BASH

Location: Carl Sandburg School

Age	Day	Time	Date	Register By	Fee	Code #
15+	F	7:00-9:00 pm	12/11/20	12/09/20	$10	312051-04

FOOD AND A FLICK

Bring your appetite and dine with us at a local restaurant before taking in the latest movie. Join your friends to watch current PG or PG-13 rated movies at the theater. Restaurant, movie titles, and exact start and end times will be provided approximately two days prior to the event. **Location: Lindo Theater**

Age	Day	Time	Date	Register By	Fee	Code #
15+	Tu	4:00-8:30 pm	5/26/20	5/24/20	$40	212131-01
15+	Tu	4:00-8:30 pm	7/21/20	7/17/20	$40	212131-02
15+	Tu	4:00-8:30 pm	10/20/20	10/13/20	$40	312131-01
15+	Tu	4:00-8:30 pm	2/16/21	2/13/21	$40	112131-01

SUNSHINE THROUGH GOLF

FORE! Sunshine Through Golf provides you with golf basics. Jeff Hartman, Park Hills Golf Pro, will teach you how to properly tee off, swing your club, chip, putt, and many other fundamentals of the game. All participants will receive a gift from the Sunshine through Golf Foundation upon completion of the 6-week workshop. Celebrate your accomplishments with a party the last week. Best of all, the program is free! Program space is limited to the first ten registrants.
Location: Park Hills Golf Course

Age	Day	Time	Date	Register By	Fee	Code #
8+	Tu	4:30-5:15 pm	7/14-8/11/20	7/10/20	$0	212471-01

BOWLING BUDDIES

Spend the afternoon bowling and maybe even make a new friend at Bowling Buddies! Perfect your game for the upcoming Special Olympics season or simply come out to have a good time. Please be sure to sign up for the age-appropriate session - individuals will be placed on lanes according to age. **Location: Freeport Lanes**

Age	Day	Time	Date	Register By	Fee	Code #
8+	Th	4:30-5:30 pm	8/27-9/17/20	8/20/20	$38	312011-01
8+	Th	4:30-5:30 pm	1/7-1/28/21	1/4/2021	$38	112011-01
8+	Th	4:30-5:30 pm	3/4-3/25/21	2/26/21	$38	112011-03
8+	Th	4:30-5:30 pm	4/15-5/6/21	4/07/21	$38	112011-05

PUMPKIN DECORATING

Fall is here! Celebrate the leaves changing and the temperatures cooling by decorating some pumpkins. We'll start with a nature hike then head in to the Mogle building to decorate pumpkins for everyone to take home.
Location: Oakdale Mogle Building

Age	Day	Time	Date	Register By	Fee	Code #
8+	Tu	4:30-5:30 pm	10/06/20	10/02/20	$15	312491-01

HOLIDAY CREATIONS

Get in the Holiday Spirit. Bring your sweet tooth cravings and join us to make traditional holiday crafts, cookies, and candies. Participants will be able to bring a bag of sweets home with them. **Location: Oakdale Mogle Building**

Age	Day	Time	Date	Register By	Fee	Code #
8+	Tu	4:30-5:30 pm	12/08/20	12/05/20	$20	312311-01

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NORTHLANDS ASSOCIATION FOR SPECIAL RECREATION

events

NASR BOWLING TOURNAMENT

Strike it big at NASR's 5th Annual Bowling Tournament! Bowlers will compete in 2 games and be placed on lanes based on bowling average and age. If you are not a regular bowler, please indicate skill level when registering and let us know if you will utilize a ramp to bowl. Pizza, awards, door prizes, bowling, shoes, and tons of fun are included in the fee. Transportation will NOT be provided to this event. **Location: Cherry Bowl**

Age	Day	Time	Date	Register By	Fee	Code #
8+	Sa	9:00 am-1:00 pm	7/11/20	6/24/20	$15	212341-01

NASR FALL FUN DAY

Enjoy the Fall weather and changing leaves by spending the day with your NASR friends. Join us for games, tie-dye, campfires, hayrides, and much more! You'll even get to cook your lunch over the campfire.
Location: Oakdale Nature Preserve

Age	Day	Time	Date	Register By	Fee	Code #
All	Sa	11:00 am-1:00 pm	9/12/20	8/28/20	$15	312211-01

GUYS NIGHT OUT

No girls allowed! Enjoy a game of cards, watch a movie, play sports - all with your guy pals. Dinner is included. **Location: Krape Community Building**

Age	Day	Time	Date	Register By	Fee	Code #
8+	Tu	4:30-6:30 pm	3/2/21	02/27/21	$25	112541-01

GALS NIGHT OUT

No boys allowed! Enjoy a mini-manicure, crafts, movies, and games - all with your favorite girls! Dinner is included. **Location: Krape Community Building**

Age	Day	Time	Date	Register By	Fee	Code #
8+	Tu	4:30-6:30 pm	3/16/21	3/12/21	$25	112541-02

SPECIAL OLYMPICS

Special Olympics Team Uniforms – All Special Olympic athletes must obtain a team uniform as required for each sport. Uniform requirements are included in the program description. Contact the Administration Center in Read Park for order forms or to inquire about uniform purchases. Uniform fees apply and are subject to change.

*PLEASE NOTE: Participation in state tournaments is not guaranteed and is dependent upon staff availability. Additional participation fees up to $50 may apply.

SO BOWLING

Get ready to strike it big! Join us as we practice to improve our bowling in preparation for the Special Olympics Bowling Tournament. Participants must bowl at least 12 games at practice to compete in the District tournament. You must have a current SO medical application on file through December 2019 or submit one at registration.
Uniform Required: Shorts, T-shirt. **Location: Freeport Lanes**

Age	Day	Time	Date	Register By	Fee	Code #
8+	M	4:30-5:30 pm	6/8-8/3/20	6/4/20	$88	212241-01

SO SOFTBALL

Get your bat and glove ready! Summer is almost here, and it's time for Special Olympics Softball. Join the team and get ready for an action packed summer. Please wear athletic shorts and shoes to all practices and games. You must have a current SO medical application on file through September 2019 or submit one at registration. Uniform required: Jersey, Shorts, Baseball Hat. **Location: Read Park Ballfields**

Age	Day	Time	Date	Register By	Fee	Code #
8+	Th	5:00-6:00 pm	6/18-8/6/20	6/12/20	$75	212231-01

SO VOLLEYBALL

Bump, Set, Spike! The volleyball teams are gearing up for a great season, and they want you to join them. You must have a current SO medical application on file through October 2019 or submit one at registration. Uniform required: Jersey, Shorts. **Location: Park Hills Church Gym**

Age	Day	Time	Date	Register By	Fee	Code #
8+	W	4:30-5:30 pm	7/15-9/16/20	7/09/20	$55	212251-01

SO SNOWSHOEING

This sport is a great way to improve your overall fitness, coordination, and endurance as well as keep you active in the cold weather. Practice each week to learn proper techniques and prepare for the district meet in January. You must have a current SO medical application on file through February 2020 or submit one at registration.
Uniform Required: Winter Hat. **Location: Read Park Multi-purpose Field**

Age	Day	Time	Date	Register By	Fee	Code #
8+	M	4:30-5:30 pm	10/26/20	10/21/20	$50	312281-01

SO BASKETBALL

Get ready for another great season of fun and excitement. We will start by brushing up on our skills and then play some intense games to gear up for the District tournament. Note - games may be on weekends or weeknights. You must have a current SO medical application on file through March 2020 or submit one at registration. Uniform Required: Jersey, Shorts. **Location: Open Bible Gym**

Age	Day	Time	Date	Register By	Fee	Code #
8+	W	4:30-5:30 pm	11/04-1/20/21*	10/31/20	$80	312271-01

***No Class 11/25, 12/23, 12/30**

SO SWIM TEAM

If you like water, this is the sport for you! Work with trained swim instructors to improve your overall performance. Practice swim strokes, starts, turns, and the overall rules of competition. This program is great exercise and is gentle on the joints, making it possible for most everyone to participate. To be able to participate, you must be able to swim one length of the pool (25 yards) independently with no floatation device. You must have a current SO medical application on file through March 2020 or submit one at registration. Uniform Required: Swim Cap. **Location: Freeport Middle School Pool**

Age	Day	Time	Date	Register By	Fee	Code #
8+	F	4:30-5:30 pm	01/11-3/15/21	1/2/21	$75	312061-01

SO SOCCER

Get your kicks ready for the Special Olympics Soccer team! Compete in local games then participate in the Area Spring Games at Harlem High School. You must have a current SO medical application on file through June 2020 or submit one at registration. Uniform Required: Jersey, Shorts. **Location: Read Park Multi-purpose Field**

Age	Day	Time	Date	Register By	Fee	Code #
8+	M	4:30-5:30 pm	3/8-4/26/21	3/4/21	$50	112061-01

SO TRACK AND FIELD

Get ready to test your speed and agility! Practice every week to compete in a local meet then at Spring Games. Athletes must wear athletic shoes and pants/shorts for practices. You must have a current SO medical application on file through June 2020 or submit one at registration. Uniform Required: T-shirt, Shorts. **Location: TBA**

Age	Day	Time	Date	Register By	Fee	Code #
8+	W	4:30-5:30 pm	3/10-4/28/21	3/5/21	$50	112071-01

program registration

REGISTRATION FOR ALL PARK DISTRICT PROGRAMS IS HANDLED ON A FIRST-COME, FIRST-SERVED BASIS. IMPORTANCE OF REGISTERING EARLY

Please note that each Freeport Park District program has a registration deadline that is listed in the program description. Registration deadlines are created to allow time for staff to determine if minimum enrollment is met, create schedules, order supplies and equipment, form rosters and organize other resources to ensure a successful program. Registration may not be accepted after the published registration deadline. Many Freeport Park District programs have a maximum capacity and fill up quickly. It is strongly encouraged to register early to guarantee enrollment in a program.

PROGRAM CANCELLATIONS

The Freeport Park District reserves the right to cancel, postpone or combine classes.

PROGRAM REFUND POLICY

Refunds for classes and events will be given if requested two weeks or more prior to the program start time (minus a $5 service charge). If a refund request is made within two weeks (14 days) of the start of the class or program, only a partial reimbursement (less a $5 service charge and direct program expenses) will be issued. Refunds for bus trips (minus a $5 service charge) will be issued only for a documented medical emergency or if arrangements are made for someone to fill the opening. Cash refunds will not be issued once the class/program has begun. A Program Refund Request Form must be completed and submitted to the Park District Office before a refund will be issued.

INCLUSION

The Freeport Park District provides year-round opportunities for individuals with disabilities to participate with their peers without disabilities in recreational programs. Inclusion opportunities are available to individuals of all ability levels and ages. If you or a family member would like to enroll in a Park District program and need assistance, simply request additional services at the time you register. The request will be reviewed and the appropriate assistance determined. The Recreation Supervisor will monitor progress throughout the program by staying in direct contact with the individual or caregiver. The sooner we have the information about your request, the better chances are for a successful inclusion experience. Please provide at least two weeks notice prior to the start of the program date for an inclusion request. For more information on Inclusion Services please contact us at 815-235-6114 or contact@freeportparkdistrict.org.

NEED TRANSPORTATION?

The Freeport Park District does not provide transportation to and from programs, but we are happy to announce the Pretzel City Transit. The Pretzel City Transit currently provides transportation 6:00 am through midnight Monday through Friday and 6:00 am through 1:00 pm on Saturdays. All rides provided by Pretzel City Transit are demand response rides. In other words, there is no fixed route. Those needing a ride can call dispatch at 815-235-RIDE the day before to schedule a pick-up.

BEHAVIOR POLICY

All participants attending Freeport Park District activities or using Freeport Park District facilities are expected to exhibit appropriate behavior at all times. The following guidelines have been created in order to maintain a safe, enjoyable environment for all participants. Additional rules and guidelines may vary for specific programs as deemed necessary by staff.

ALL PARTICIPANTS/PATRONS WILL:

- Show respect to all participants, staff, and volunteers.
- Follow program rules and take direction from recreation staff.
- Refrain from using abusive or foul language.
- Refrain from threatening or causing bodily harm to self or others.
- Show respect for property, including equipment, supplies, and facilities.
- Not be in possession of weapons.

IF INAPPROPRIATE BEHAVIOR DOES OCCUR, RECREATION STAFF WILL ATTEMPT TO RESOLVE THE PROBLEM USING THE FOLLOWING CONDUCT MODEL:

- First offense – verbal warning.
- Second offense – time-out of activity and discussion with supervisor.
- Third offense – suspension of activity/facility privileges, removal from activity/facility for remainder of the day.

If a participant continues to refuse following directions of recreation staff or if the incident is an emergency, Police will be called and the participant may face further disciplinary action. The Park District reserves the right to dismiss a participant whose behavior endangers his or her own safety or the safety of others.

Winter activities

ICE SKATING & HOCKEY

Ice skating and hockey in a regulation sized rink are available in Read Park adjacent to the Family Aquatic Center. Skaters can enjoy a fully-lit ice skating facility, weather permitting. The ice rink is for shared use, general skating and ice hockey. When general skaters are present, hockey is restricted to west side of the ice rink.

THURSDAY NIGHT HOCKEY

Thursday nights will be reserved for ice hockey at 9:00 pm. General skating will be closed at this time to accommodate full rink hockey. There is no cost to participate, but waivers must be signed prior to playing. Youth under the age of 18 must have a parent signed waiver to participate. Waivers can be obtained at the Administration Center in Read Park during regular business hours.

SLEDDING

Krape Park continues to be one of the area's most popular destinations for sledding. The sled hill is located near the Koenig Amphitheater in Krape Park. Sledding enthusiasts are required to follow rules and guidelines posted at the top of the hill.

CROSS-COUNTRY SKIING AND SNOWSHOE RENTAL

If you haven't cross-country skied or snowshoed before, why not give it a try? Skis and snowshoes are available for rental in adult and youth sizes, first come-first served. Costs are $12 per weekend and $5 per day. Pick up and drop off equipment at the Administration Center open Monday-Friday from 8:00 am-5:00 pm.

SNOWMOBILING

For current information on Jane Addams Trail weather conditions, go to **www.janeaddamstrail.com**.

GET REAL TIME UPDATES ON FACILITIES AND PROGRAMS.

Like us on Facebook • Call 815-801-PARK • Click the raindrop on the website • Sign up for text or email alerts

Read Park Family Aquatic Center

867 W. American Street • 815-801-SWIM

Make a Splash!!! Cool off this summer at the Read Park Family Aquatic Center which features a 40-ft. water slide, water play features, zero-depth entry and more. The season is set to open on Saturday, May 23, 2020. Actual hours of operation are subject to weather. Passes for the 2020 season are on sale at the Administration Center in Read Park open Monday through Friday from 8:00 am-5:00 pm. Purchase your pass on or before May 22nd to receive a 10% discount off the normal rate.

2020 SEASON PASS RATES

	Resident	Non-Resident
Youth, 1-17 yrs.	$65	$80
Adult, 18+ yrs.	$80	$105
Family of 2	$130	$170
Family of 3	$180	$235
Family of 4	$225	$300

Each additional family member after 4 is $45.

2020 DAILY ADMISSION RATES

	Resident	Non-Resident
Youth 1-17 yrs.	$6.00	$7.00
Adult 18+ yrs.	$7.00	$8.00

DISCOUNT FAMILY SWIM RATES

(6:00-8:00 pm on weekdays)

$4 for Residents

$5 for Non-Residents

*No one under the age of 18 will be allowed in the pool without a parent or legal guardian.

See pages 10-13 for AQUATIC PROGRAMS

POOL HOURS (May 23 – August 16)

Weekdays:

11:00 am - 1:00 pm	Adult Lap Swim & Parent/Tot Swim
1:00 - 5:00 pm	Open Swim
6:00 - 8:00 pm	Discount Family Swim (May 26 – August 7)

Saturdays, Sundays and Holidays:

11:00 am - 1:00 pm	Adult Lap Swim & Parent/Tot Swim
1:00 - 5:00 pm	Open Swim

*Parent/Tot Swim is for children under 10 years of age accompanied with parent. Children under 10 years of age must be accompanied with parent/guardian during Open Swim. Waterslide and diving board are closed from 11:00 am to 1:00 pm during Parent/Tot and Adult Lap Swim.

*Hours of operation are subject to weather. Call (815) 801-SWIM for daily opening/closing information and swim lesson updates. Actual hours of operation are affected by inclement weather and staff availability.

READ PARK
Family Aquatic Center

GROUP RATES

Groups of 20 or more receive a $1 per person discount off daily admission rate between 1:00 and 5:00 pm. To receive this discount, groups must present themselves at the pool at one time. Group rates will not be honored if group members present themselves at different times. Groups of 20 or more must register ahead of time by calling 815-235-6114.

POOL RENTAL

The Family Aquatic Center is the perfect location for birthday parties, church gatherings, company outings, or other festive occasions. It can be reserved for a private party on Saturday and Sunday evenings from 5:30-7:30 pm. Book reservations at the Administration Center in Read Park or call us at 815-235-6114.

2020 POOL RENTAL FEES

Groups of 250 or less = $300
Groups of 251 – 500 = $600

*Please note that Aquatic Center staff will take a count of the number of pool party guests. A full refund will be given if there is inclement weather the day of the event or notice is given 48 hours prior to the event.

READ PARK QUAD-PLEX

Quad-plex ballfields located in Read Park are available for rental. Call us at 815.235.6114

SK 8 PARK

Skateboards, scooters and in-line roller skates are all permitted at the 11,000 sq. ft. skate park located in Read Park. Helmets are mandatory. SK 8 Park's street design includes obstacles, ramps, rails, ledges, spines and bowls.

Krape Park

1799 S. Park Boulevard • 815-235-6114 • www.freeportparkdistrict.org

YELLOW CREEK ADVENTURE GOLF

815-801-PUTT (7888)

Adventure awaits you! The natural landscape and waterfall that sets Krape Park apart from other parks is mimicked in this mini-golf course that is fun for all ages.

Hours of Operation:

May 23 - August 16
Open Monday thru Sunday
Weekday Hours, Noon - 8:00 pm
Weekend Hours, 11:00 am - 8:00 pm

August 22 – September 27
Saturdays and Sundays from Noon - 6:00 pm

Admission Rates:
Youth, 17 and younger $3.00
Adult, 18 and older $4.00

KRAPE PARK CAROUSEL

Yippee-yi-yo! Saddle up for a ride on this main attraction and historic landmark featuring 20 hand painted horses. Tickets are only 50 cents per ride.

Hours of Operation:

May 23 - August 16
Open Monday thru Sunday
Weekday Hours, Noon - 8:00 pm
Weekend Hours, 11:00 am - 8:00 pm

August 22 – September 27
Saturdays and Sundays from Noon - 6:00 pm

CAROUSEL PLAZA

BOAT RENTAL

Our floating fleet awaits you with colorful paddleboats, canoes and kayaks ready for your adventure. Hop in and explore Yellow Creek. Paddle under the bridge. See the Twin Caves. Purchase tickets at the boat dock.

Hours of Operation:

May 23 - August 16
Open Monday - Sunday
Weekday Hours, Noon - 8:00 pm
Weekend Hours; 11:00 am - 8:00 pm

August 22 – September 27
Saturdays and Sundays from Noon - 6:00 pm

Rental Rates per 1/2 hour:

- 4-seat Paddleboat $10
- 2-seat Paddleboat $8
- Canoe $5
- Kayak $5

DISC GOLF AT KRAPE PARK

The 18-hole course is located in the Flagstaff area of the park and uses the area's natural terrain for a picturesque yet challenging disc golf experience. The game is a cross between frisbee and golf. Each hole is approximately 300 feet long and begins with a "drive" from a tee and ends with a "putt" into an elevated basket. The course is open year-round. Rent discs at the boat rental building for $2 per day.

GROUP AND CORPORATE OUTINGS

Looking for a scenic space or fun place for a business, church, or group outing? Contact the Freeport Administration Center in Read Park at (815) 235-6114 to set up your next event. We can customize a package that includes mini-golf, disc golf, boat rentals, picnic shelters, and carousel rides.

KRAPE Park

Park Hills Golf Course

3240 W. Stephenson Street • 815-235-3611 • www.parkhillsgolfcourse.com

- Park Hills Golf Club offers two 18-hole courses spanning 300+ acres of rolling hillside.
- The East Course measures 6,503 yards, par 72, a 70.8 rating, with a slope of 124.
- The West Course measures 6,627 yards, par 72, a 71.9 rating, with a slope of 128.
- 300-yard practice range, natural grass tees with 15 hitting stations.
- Two large practice putting greens.
- Carts and pull-carts available.
- Music on the Patio, on Fridays from 5-8:00 pm on June 12, July 10, and August 14.
- Great selection of clubs, clothing and shoes in the Pro Shop. Golf club grip and shaft repair available.

BOOK TEE-TIMES ONLINE AT PARKHILLSGOLFCOURSE.COM

Park Hills Golf Courses

GOLF LESSONS & LEAGUES

Whether it's the first time you picked up a club or you know something in your swing needs a little tweaking, Golf Pro Jeff Hartman is available for private as well as group sessions. Certificates for golf lessons or pro shop merchandise are great gifts and they can be purchased all year round.

Interested in joining a league? It's easy to get connected and sharpen your skills with peers every week. Call us at 815-235-3611 to learn more about juniors, men, women, and senior leagues.

GOLF OUTINGS

With 36 pristine holes you call the shots! Park Hills is ideal for large and small groups. We arrange golf outings for large corporations, regional businesses, fundraisers, charitable events, family reunions, and bachelor/bachelorette parties. Let our staff handle all the details. We can also arrange to have adult beverages available on the course. Call us 815-235-3611.

GOLF SPECIALS

- Twilight Golf: 18 holes after 5:00 pm/ 7 days a week/ with cart $25
- Monday & Thursday: 18 holes with cart $30
- Monday & Thursday after 1:00 pm: 18 holes with cart $25
- Saturday & Sunday after 3:00 pm: 2 for 1 Twilight (Must be Husband/Wife or Parent/Child) 18 holes with cart $25

See pages 14 and 18 for information on GOLF LESSONS

Stephenson County Historical Society Museum

1440 S. Carroll Avenue • 815-232-8419 • www.stephcohs.org

Take a leisurely stroll through beautifully landscaped grounds. Learn a bit of history. Stephenson County Historical Society is a destination well worth discovering.

- 3-acre arboretum and gardens.
- Oscar Taylor mansion built in 1857.
- Irish homestead log cabin built in 1840's.
- Millerburg one-room school house.
- Industrial Museum showcases the manufacturing history of Freeport and Stephenson County.
- National Museum of Arcade Toys displays the largest collection of locally manufactured Arcade toys.
- Museum gift shop featuring Rawleigh products, books and toys open during regular hours.

Museum Hours: Wednesday to Sunday, Noon to 4:00 pm.
Admission: $8.00 adults; $4.00 Children (6-12 years). Free to Historical Society members.
Group Tours: Pre-arranged group tours can be scheduled for days and times when the Museum is normally closed.

Call the Historical Society for details – 815-232-8419.

HISTORICAL SOCIETY EVENTS

PERENNIAL PLANT SALE
Friday, May 8th, 9:00 am - 5:00 pm
Saturday, May 9th, 9:00 am - 2:00 pm.

67th ANNUAL ICE CREAM SOCIAL
Sunday, June 7th, Noon - 4:00 pm

"VICTORIAN MANSION"
HOLIDAY CRAFT AND GIFT SHOW
Friday, November 13th, 9:00 am - 5:00 pm
Saturday, November 14th, 9:00 am - 4:00 pm
Sunday, November 15th, Noon – 4:00 pm

Oakdale Nature Preserve Park

4433 S. Cranes Grove Road • 815-235-6114

- Over four miles of trails through 133-acres of forests, restored tall grass prairie and two streams.
- Hike, jog, picnic, photograph, bird watch, animal track and identify plants.
- Hard-packed accessible trail is 1/3 mile and starts at main grounds and winds through the forest.
- Oakdale is open to the public dawn until 10:30 pm.
- Picnic shelter available for rental. Standing outdoor grill and fire rings available first-come, first-served.
- Indoor building available for rental – accommodates 24 people.

Jane Addams Trail

www.janeaddamstrail.com

- Open to bicyclists, hikers, snowmobiles and cross-country skiers.
- 17 miles from Tutty's Crossing Trailhead in downtown Freeport to Wisconsin state line where it connects to the Badger Trail.
- 4.1 miles asphalt paved path from Tutty's Crossing Trailhead to Wes Block Trailhead. 10 foot wide, level grade, crushed limestone surface from Wes Block Trailhead to Wisconsin state line.
- 22 bridges including the historic Van Buren Bridge across the Pecatonica River, erected in 1885, and a Covered Bridge in Orangeville.
- Bordered by the Pecatonica River, Richland Creek and Cedar Creek.
- Travels through historic downtown Freeport, the Old River School Historic District Neighborhood, and past natural wetlands, old oak woods, grassland prairies, exposed rock embankments, active farms, and several small communities.
- Part of the Grand Illinois Trail that traverses northern Illinois from Lake Michigan to the Mississippi River.

For updates on trail conditions, visit **www.janeaddamstrail.com**.

Facility Rentals

Freeport Park District facilities are very popular for gatherings such as reunions, picnics, weddings and other group functions. Outdoor shelters and picnic areas are available on a first come, first served basis to the general public unless reserved and paid for through the District's Facility Rental & Reservation process. Stop by the Administration Center or call us at 815-235-6114. Rental fees must be paid in full at the time of registration.

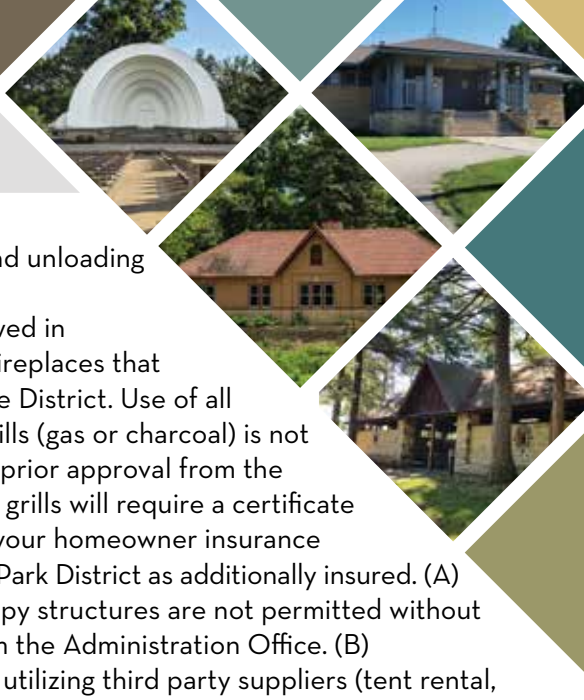
OUTDOOR SHELTERS/FACILITIES

Krape Park Shelters/Facilities	Resident	Non-Resident	Deposit	Seating Capacity	Amenities Available	Dimensions (in feet)
Gunkel Shelter Weekdays Weekends & Holidays	 $40 (1/2) $60 (entire) $60 (1/2) $90 (entire)	 $55 (1/2) $90 (entire) $80 (1/2) $115 (entire)		75 (1/2) 200 (entire)	Electric	30 x 60
Flagstaff Waterfall Shelter	$40	$55		96	Electric	28 x 62
Flagstaff Playground Shelter	$40	$55		112	Electric	36 x 48
Koenig Shelter Weekdays Weekends & Holidays	 $40 $60	 $55 $90		64	Electric	24 x 32
Koenig Amphitheater	$75	$100	$50	550	Electric	80 x 115
Commissioners Garden Gazebo	$75	$100		12		14 x 14

Other Shelters/Facilities	Resident	Non-Resident	Deposit	Seating Capacity	Amenities Available	Dimensions (in feet)
Taylor Park Shelter	$40	$55		128	Electric	30 x 60
Read Park Shelter	$40	$55		24		12 x 25
Oakdale Newell Shelter	$40	$55		48		23 x 23
Bidwell Shelter	$40	$55	$50	24	Restrooms, electric	17 x 23

INDOOR FACILITIES

	Resident	Non-Resident	Deposit	Seating Capacity	Amenities Available	Dimensions (in feet)
Krape Community Building	$85	$130	$50	80	Restrooms, electric, heat	19 x 58
Read Park Pavilion	$125	$175	$50	80	Restrooms on lower level, electric, heat, a/c	24 x 60
Oakdale Mogle Center	$60	$90	$50	24	Restrooms, kitchenette, electric, heat, a/c	16 x 32



FACILITY RENTAL/RESERVATION POLICIES

A $50 deposit is required for all indoor facility rentals and is due when picking up a key. Your deposit will be forfeited if you do not return the key, if there is any damage, or if excessive clean-up is required.

Reservations can only be made within each calendar year. A $50 surcharge will be added to your rental fee for all reservations outside the current calendar year up to 1 year in advance. An additional fee of $100 will be charged to groups of 150 or more utilizing a Park District facility.

Non-profit organizations planning to conduct fundraisers on Freeport Park District property must apply for a permit at the Administration Center in Read Park. If the organization is not renting a facility or paying a user fee, the organization will pay a flat rate of $50. For further details about these policies, contact the Administration Center in Read Park at 815-235-6114.

FACILITY RENTAL CANCELLATION POLICY

If your group must cancel a reservation, the following policy is in effect:

Less than 4 weeks notice.....No refund
4-5 weeks notice .....25% refund
6-7 weeks notice.....50% refund
8 weeks notice .....75% refund

PARK USAGE RULES

The complete Park District rules, regulation and ordinances, which govern public usage of Park property and facilities, are available at the Administration Center or online at freeportparkdistrict.org.

Tickets may be issued for violating regulations. Penalties vary. Park fines are determined by violation classifications: (A), (B), (C), and (D). Maximum fine is $500.

- All parks where rental facilities are located open at dawn and close at 10:30 pm. All other parks close at dusk. (C)
- Pedestrians and bicyclists always have the right of way over motor vehicles. (B)
- Park patrons may feed the white domesticated ducks in Krape Park. Feeding wild ducks and geese or any other wild animal is prohibited. (D)
- Under no circumstances are temporary signs, balloons or any other items to be pinned, stapled or otherwise attached or placed on any tree, park sign or along the roadway. This action will be considered littering. (C)
- Motor vehicles are restricted to roadways, parking lots or designated parking areas only. Vehicles are not permitted on lawns, park walkways or trails at any time. This prohibition includes loading and unloading purposes. (B)
- Fires are only allowed in designated metal fireplaces that are provided by the District. Use of all privately owned grills (gas or charcoal) is not permitted without prior approval from the District. Use of gas grills will require a certificate of insurance from your homeowner insurance carrier naming the Park District as additionally insured. (A)
- Tents, nets or canopy structures are not permitted without prior approval from the Administration Office. (B)
- Picnics and events utilizing third party suppliers (tent rental, caterers, etc.) must be approved by the Park District in advance and may require the purchase of a liability insurance policy naming the Park District as additionally insured for the duration of the event including setup and breakdown dates. The use of all third-party suppliers require at least 30 days advance notice to the event.
- The use of amplified sound (public address systems, radios, boom box, musical instruments) is prohibited unless authorized in writing by the Executive Director. Groups seeking authorization should consider use of the Koenig Amphitheater. (B)
- The use of profane, abusive or loud, boisterous language or conducting oneself in a disorderly manner is prohibited. (A)
- Activities that damage or disturb any natural or man-made feature are prohibited. (A)
- Possession or consumption of alcohol and/or illegal drugs is prohibited. (A)
- The possession or discharge of firearms, fireworks or explosives is prohibited. (A)
- Wading or swimming in all district creeks and ponds is prohibited. (D)
- Minors under 10 years of age shall at all times be under the direct supervision and control of a parent, guardian or responsible adult custodian. The applicant/user is responsible for monitoring the conduct of their guests or invitees. (D)
- All dogs and pets must be on a leash, no longer than 10 feet, at all times. Hitching or tying an animal to a tree, bush or shrub is prohibited. The owner is responsible for the conduct of the animal and shall carry equipment and supplies for removing feces and shall place feces deposited by the dog or pet in an appropriate receptacle. Continuously barking dogs and/or animals displaying overly aggressive behavior will not be permitted in any park. (D)
- All waste and trash must be deposited in proper garbage receptacles. (A)

affiliated organizations

FREEPORT PARKS FOUNDATION

Freeport Parks Foundation assists the Park District with land acquisition, facilities enhancements, park beautification, special events and community projects. The Foundation's goals are to improve the quality of life in the community through philanthropy, volunteerism and community partnerships. Donations from individual patrons are welcomed and appreciated. Funding is used to build a meaningful and lasting legacy for future generations of park patrons. For more information, visit **freeportparksfoundation.org**

FIREBAUGH OBSERVATORY/PLANETARY STUDIES FOUNDATION

The Firebaugh Observatory, located next to the Park Hills Golf Course, will be open to the public on the 1st and 3rd Saturdays, May - September. For more information about Firebaugh Observatory and the Planetary Studies Foundation, contact Jim Dole at 815-291-3072 or visit the Planetary Studies Foundation website at **www.planets.org**.

FREEPORT AQUATIC SWIM TEAM (FAST)

Do you like to swim and are you able to swim the length of the pool? Would you like to meet some new friends? Did you know that there is a swim team in Freeport just for you? We offer you a family-friendly environment where you can develop your skills. Find out more at **www.freeportaquaticswimteam.com**.

FREEPORT FRISBEE FANATICS

The Freeport Frisbee Fanatics is a non-profit group dedicated to enhancing and promoting disc sports in Freeport. The club is open to everyone interested in playing disc golf. The annual fee for membership is $20. A disc golf league, organized by Freeport Frisbee Fanatics, takes place on Saturdays at 10:00 am. For more information about disc golf leagues and tournaments, contact Paul Buss at 815-908-9329.

FREEPORT LITTLE LEAGUE

Little League baseball provides an opportunity for children to learn the lifetime skills of leadership, sportsmanship, and teamwork. Freeport Little League offers each child the same opportunities and instills many life-long memories. For more information, visit us on Facebook or email freeportll@yahoo.com.

FREEPORT PHANTOMS YOUTH FOOTBALL

The Freeport Phantoms teach young boys and girls the right way to play football, and all the life lessons football can teach you. We strive to keep our players safe, have fun, and become not only better football players, but better people. The program is open to ages 7 to 12 years old with athletes assigned to teams based on age and weight levels. If you are interested in playing football (boy or girl) go to **www.fyfphantoms.org**.

FREEPORT SOCCER CLUB

Are you interested in competitive soccer? The Freeport Soccer Club offers youth ages 7-17 an opportunity to play in a competitive league with tournaments. For more information, visit **www.freeportsoccerclub.com**.

HORSESHOE PITCHING

Horseshoe leagues will be forming at the horseshoe pits located at Park Hills Golf Course (next to Firebaugh Observatory). For more information, call Perry Eden at 608-445-5460.

City Horseshoe League: Tuesdays at 6:30 pm, beginning May 5th. Tournament Dates: TBA

LITTLE CUBS FIELD

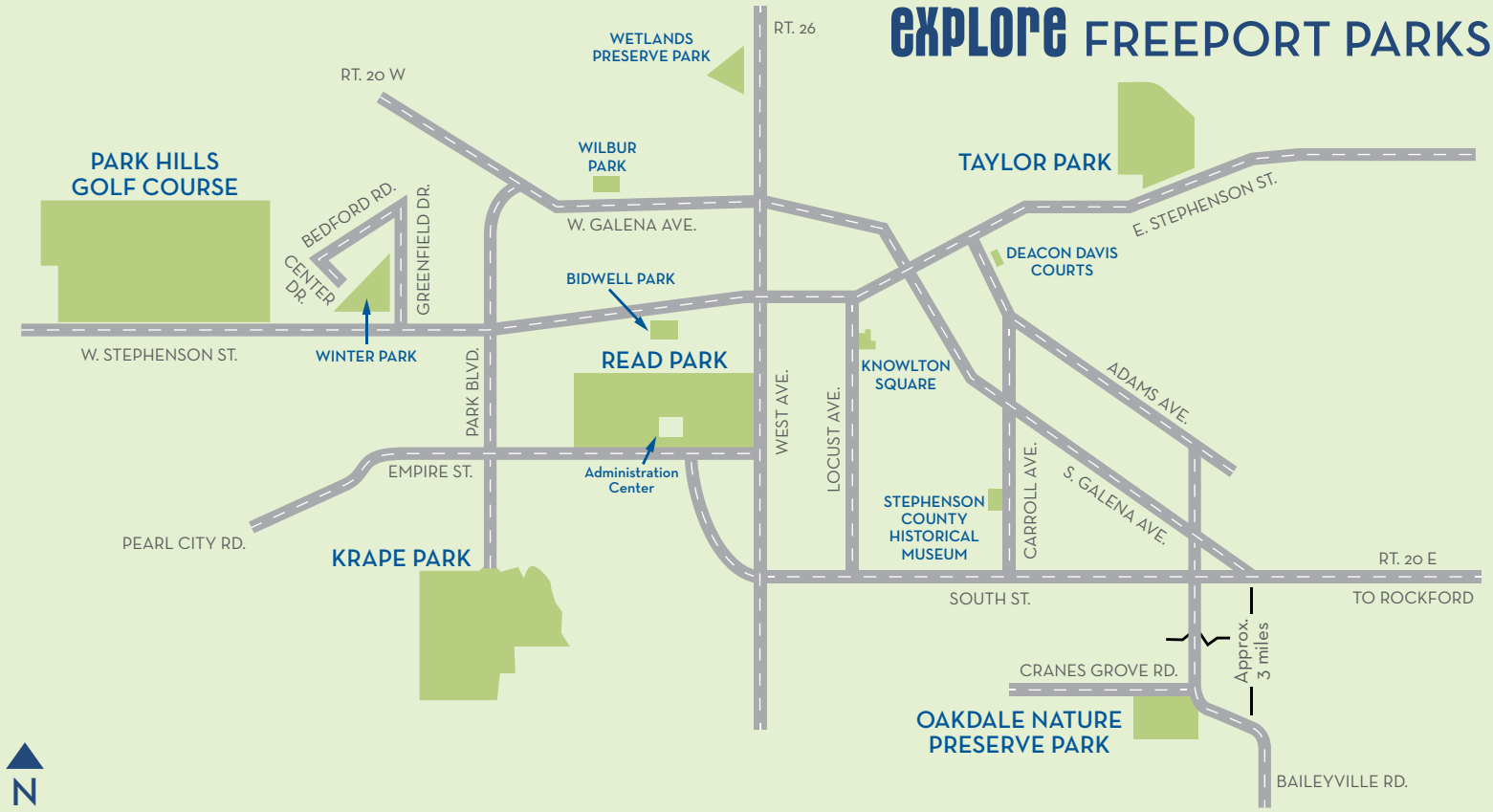
A nearly exact duplicate of the Cubs' Wrigley Field - on a much smaller scale - it provides a fun venue for people of all ages to enjoy America's pastime. More information is available at **www.littlecubsfield.com** or email info@littlecubsfield.com.

NORTHWEST ILLINOIS AUDUBON SOCIETY

The Northwest Illinois Audubon Society was formed in 1971 and chartered in 1972 as a chapter of the National Audubon Society. Since its beginning, the society has emphasized the interrelatedness of resource protection, habitat conservation, and connecting people with nature. For more information and a calendar of events, go to **www.nwilaudubon.org** or email nwilaudubon@gmail.com.

SCENIC SPACES. FUN PLACES.

explore FREEPORT PARKS.



Krape Park
1799 S. Park Blvd.

Park Hills Golf Course
3240 W. Stephenson

Taylor Park
900 E. Stephenson

Read Park
1200 Park Lane Dr.

Oakdale Nature Preserve Park
4433 S. Cranes Grove Rd.

Winter Park
2023 Bedford Rd.

Wilbur Park
545 Brewster St.

Deacon Davis Courts
315 E. Jackson St.

Knowlton Square
Locust at Broadway

Bidwell Park
1124 W. Pleasant

Wetlands Preserve Park
830 IL-26

Stephenson County Historical Museum
1440 S. Carroll Ave.

Key

- Picnic Tables
- Shelters
- Baseball
- Basketball
- Football
- Tennis
- Volleyball
- Soccer
- Swimming
- Golf
- Ice Skating
- Disc Golf
- Sledding
- Cross-Country Skiing
- Hiking Trails
- Fishing
- Boating
- Mini-Golf
- Restrooms (in season)
- Food Concessions
- Carousel
- BBQ Grills
- Play Area
- Skateboarding

FREEPORT park district
1122 S. Burchard Ave.
Freeport, IL 61032

Postal Customer
Freeport, IL

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FHN – WE'RE HERE, FOR YOU.

From our network of dedicated family medicine providers spread across northwest Illinois to our team of talented specialists, FHN is proud to be the area's premier healthcare provider. Our primary care physicians, physician assistants, and nurse practitioners care for patients of all ages, helping you achieve and maintain your best health, and when necessary, serve as an entry point to FHN's wide network of specialists.

Do you need a primary healthcare provider? Call us toll-free 1-877-600-0346 ext. 965* and you'll have an appointment before you hang up the phone!

**During business hours: 7 a.m. – 6 p.m. Mondays – Thursdays; 7 a.m. – 5 p.m. Fridays*

FHN
Leonard C. Ferguson Cancer Center

STATE-OF-THE-ART CANCER CARE AT A UNIVERSITY LEVEL – CLOSE TO HOME

Our talented team of world-class professionals at the Leonard C. Ferguson Cancer Center at FHN Memorial Hospital here in Freeport has cared for patients fighting more than 20 different types of cancer for 25 years.

Our medical oncology team offers patients treatments that are on the front line of immunology, giving the body's immune system the power to fight certain cancer cells. Our radiation oncology team provides patients the latest treatments usually only available in university hospitals.

We know that being diagnosed with cancer can be frightening. So we offer a three-day guarantee: You'll have a follow-up appointment within three business days of your referral, even if you aren't a regular FHN patient.

To find out more about state-of-the-art cancer care at a university level right here in Freeport, call 815-599-7000.

SPECIALTIES

- Allergy, Asthma and Immunology
- Anesthesiology
- Audiology
- Cancer Treatment
- Cardiology
- Counseling Services
- Diagnostic Services
- Ear, Nose and Throat
- Emergency Services
- Eye Care Services
- Family Medicine
- Gastroenterology
- Gynecology
- Hematology
- Hospice
- Hospitalist Program
- Infectious Diseases
- Internal Medicine
- Medical Oncology
- Nephrology
- Neurology
- Obstetrics
- Ophthalmology
- Orthopaedics
- Pain Management
- Pediatrics
- Podiatry
- Psychiatry
- Psychology
- Radiation Oncology
- Radiology
- Rehabilitation: Physical, Occupational, and Speech Therapy
- Rheumatology
- Sleep Medicine
- Sports Medicine
- Surgery
- Urology
- Vein Treatment
- Wound Care

We're here, for you.
FHN
www.fhn.org

LOCATIONS

Freeport • Forreston • Lanark • Lena • Mt. Carroll • Orangeville
Pecatonica • Savanna • Stockton • Warren • Madison* • Rockford*
*Referral Relationships

FHNow
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