

Race Results
Age Divisions

Pretzel City 5K Run / Walk
Freeport, IL

June 25, 2016

Division	Place	Name	Time	Pace	City, State
Top Female 1		Martino, Natalia	22:00.12	7:05	Rockford, IL
Top Male 1		Quinones, Armando	19:00.63	6:07	Rockford, IL
Top Female 2		Wilks, Sophia	22:09.97	7:08	Freeport, IL
Top Male 2		Metz, Christopher	19:28.07	6:16	Freeport, IL
Top Female 3		Lupont, Kathleen	23:22.95	7:32	Rockford, IL
Top Male 3		Hernandez, Jose	19:31.18	6:17	Rockford, IL
1-8 Female	1	Wiley, Lara	28:14.76	9:06	New Haven, CT
1-8 Female	2	Schadewalt, Addison	33:31.07	10:47	Freeport, IL
1-8 Female	3	Blazer, Kayla	36:44.24	11:49	Rockford, IL
1-8 Male	1	Grett, Logan	24:50.29	8:00	Dixon, IL
9-10 Female	1	Schneider, Sarah	31:46.34	10:14	Freeport, IL
9-10 Female	2	Blazer, Angie	36:41.69	11:49	Rockford, IL
9-10 Female	3	Wenzel, Amelia	47:25.01	15:16	Lena, IL
9-10 Male	1	Martino, Nicolai	21:04.53	6:47	Rockford, IL
9-10 Male	2	Brobst, Aiden	21:22.33	6:53	Freeport, IL
11-12 Female	1	Gustafson, Emma	33:03.04	10:38	Dakota, IL
11-12 Female	2	Stralow, Kaia	33:42.74	10:51	Baileyville, IL
11-12 Female	3	Tolu - Honary, Mina	36:02.63	11:36	Freeport, IL
11-12 Female	4	Freund, Breanna	36:29.24	11:45	Rockford, IL
11-12 Female	5	Van Raden, Kiran	36:33.87	11:46	Freeport, IL
11-12 Female	6	Wenzel, Olivia	47:08.47	15:10	Lena, IL
11-12 Male	1	Del Real, Ismael	24:57.37	8:02	Rockford, IL
13-14 Female	1	Pavlak, Averi	27:55.62	8:59	Winnebago, IL
13-14 Female	2	Engbert, Mackenzie	28:07.46	9:03	Leaf River, IL
13-14 Female	3	Metz, Caroline	28:55.57	9:19	Freeport, IL
13-14 Male	1	Bangasser, Dillon	20:15.02	6:31	Painesville, OH
13-14 Male	2	Whitmer, Alan	37:15.80	12:00	Freeport, IL
15-19 Female	1	Goeke, Miranda	25:59.74	8:22	Rock City, IL
15-19 Female	2	Bybee, Becky	28:58.34	9:20	Rockton, IL
15-19 Female	3	Crase, Andrea	30:14.72	9:44	Freeport, IL

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15-19 Female	4	Mc Ilwain, Kelsey	33:41.39	10:51	Freeport, IL
15-19 Female	5	Hinds, Jasmine	33:41.75	10:51	Freeport, IL
15-19 Male	1	Pavlak, Dylan	20:31.10	6:36	Winnebago, IL
15-19 Male	2	Whitmer, T J	23:47.39	7:39	Freeport, IL
15-19 Male	3	Martindale, Benjamin	26:43.30	8:36	Rock City, IL
20-24 Female	1	Lane, Bailey	27:28.75	8:51	Cedar Rapids, IA
20-24 Female	2	Scripps, Mary Ellen	27:58.85	9:00	Evergreen, CO
20-24 Female	3	Tomita, Johannah	29:37.81	9:32	Freeport, IL
20-24 Female	4	Pepper, Michelle	32:55.90	10:36	Shannon, IL
20-24 Female	5	Martindale, Gwendelynn	37:33.02	12:05	Rock City, IL
20-24 Female	6	Flemming, Courtney	57:22.38	18:28	Freeport, IL
20-24 Female	7	Larsen, Lauren	57:22.92	18:28	Oswego, IL
20-24 Male	1	Swanson, Brady	25:54.89	8:20	Freeport, IL
20-24 Male	2	Haas, Ben	29:30.22	9:30	Cedar Rapids, IA
20-24 Male	3	George, Edgar	30:35.30	9:51	Freeport, IL
25-29 Female	1	Nelson, Amy	26:58.35	8:41	Yorktown, VA
25-29 Female	2	Mc Intyre, Bridget	31:28.88	10:08	Chicago, IL
25-29 Female	3	Palmer, Hannah	37:31.53	12:05	Stockton, IL
25-29 Female	4	Perry, Holly	37:34.36	12:06	Freeport, IL
25-29 Female	5	Hu, Xiaoying	46:32.38	14:59	Brownsburg, IN
25-29 Female	6	Haas, Sarah	49:48.00	16:02	Cedar Rapids, IA
25-29 Male	1	Moderow, Adam	21:19.82	6:52	Freeport, IL
25-29 Male	2	Ellefson, Steve	27:56.28	9:00	Freeport, IL
25-29 Male	3	Dolhill, Dan	31:25.09	10:07	Chicago, IL
25-29 Male	4	Foley, Eric	49:48.25	16:02	Cedar Rapids, IA
30-34 Female	1	Lueders, Andrea	27:30.12	8:51	Freeport, IL
30-34 Female	2	Gamroth, Katie	27:59.22	9:00	Mundelein, IL
30-34 Female	3	Lehman, Lannie	28:42.96	9:15	Freeport, IL
30-34 Female	4	Grett, Jessie	30:49.49	9:55	Dixon, IL
30-34 Female	5	Jackowski, Danell	31:22.83	10:06	De Kalb, IL
30-34 Female	6	Givens, Nicole	31:48.78	10:14	Zionsville, IN
30-34 Female	7	Dittmar, Andrea	33:22.62	10:45	Freeport, IL
30-34 Female	8	Blazer, Rebecca	37:01.03	11:55	Rockford, IL
30-34 Female	9	Countryman, Jamie	42:27.54	13:40	Freeport, IL
30-34 Female	10	Wenzel, Shannon	47:25.67	15:16	Lena, IL

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Division	Place	Name	Time	Pace	City, State
30-34 Female	11	Branham, Brenda	58:13.93	18:45	Rockford, IL
30-34 Female	12	Perez, Holly	1:01:21.14	19:45	Freeport, IL
30-34 Male	1	Blazer, Chris	20:30.85	6:36	Rockford, IL
30-34 Male	2	Del Real, Juan	20:52.03	6:43	Rockford, IL
30-34 Male	3	Orlow, Shane	21:07.92	6:48	Freeport, IL
30-34 Male	4	Ehlers, Joshua	23:33.31	7:35	Freeport, IL
30-34 Male	5	Jackowski, Brett	23:50.22	7:40	De Kalb, IL
30-34 Male	6	Gray, Frank	29:10.03	9:23	Rockford, IL
30-34 Male	7	Givens, Tom	31:49.66	10:15	Zionsville, IN
35-39 Female	1	Del Real, Yoana	23:52.05	7:41	Rockford, IL
35-39 Female	2	Brooks, Sarah	27:04.84	8:43	Oregon, IL
35-39 Female	3	Jeschke, Kristin	28:13.47	9:05	Waukee, IA
35-39 Female	4	Gentry, Julie	30:12.95	9:44	Oregon, IL
35-39 Female	5	Alber, Amy	33:08.28	10:40	Cedarville, IL
35-39 Female	6	Stralow, Angela	35:12.07	11:20	Baileyville, IL
35-39 Female	7	Olsen Wagner, Anne	35:55.69	11:34	Winona, MN
35-39 Female	8	Rembisz, Kendra	37:34.33	12:06	Freeport, IL
35-39 Female	9	Plowman, Sherrie	49:56.76	16:05	Freeport, IL
35-39 Female	10	Schadewalt, Carrie	51:14.30	16:30	Freeport, IL
35-39 Female	11	Busch, Amy	51:53.64	16:42	Freeport, IL
35-39 Male	1	Davis, Adam	20:33.67	6:37	Dixon, IL
35-39 Male	2	Ebert, Justin	21:26.21	6:54	Oregon, IL
35-39 Male	3	Backeberg, David	21:36.20	6:57	New Haven, CT
35-39 Male	4	Jeschke, Mark	22:31.72	7:15	Waukee, IA
35-39 Male	5	Rampenthal, Mathew	25:28.36	8:12	M H Air Force Base, ID
35-39 Male	6	Doyle, Duncan	31:19.19	10:05	Denver, CO
35-39 Male	7	Schadewalt, Jason	33:30.68	10:47	Freeport, IL
35-39 Male	8	Fogel, Jason	46:32.16	14:59	Brownsburg, IN
35-39 Male	9	Perez, Tony	1:01:21.02	19:45	Freeport, IL
40-44 Female	1	Rackow, Heidi	26:05.88	8:24	Dakota, IL
40-44 Female	2	Reinhold, Diane	32:11.13	10:22	Freeport, IL
40-44 Female	3	Engbert, Cindy	43:04.95	13:52	Leaf River, IL
40-44 Female	4	Fritz, Tonya	46:28.33	14:57	Freeport, IL
40-44 Female	5	Schiesher, Heidi	58:13.02	18:44	Pecatonica, IL
45-49 Female	1	Milne, Xan	25:41.51	8:16	Loves Park, IL
45-49 Female	2	Gloria, Cristina	28:22.01	9:08	Belvidere, IL

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Division	Place	Name	Time	Pace	City, State
45-49 Female	3	Tolu - Honary, Amy	29:46.40	9:35	Freeport, IL
45-49 Female	4	Myers, Susan	31:32.69	10:09	German Valley, IL
45-49 Female	5	Tomita, Pam	35:28.49	11:25	Freeport, IL
45-49 Female	6	Howard, Teri	37:18.18	12:00	Pecatonica, IL
45-49 Female	7	Berry, Sharon	37:18.34	12:00	Pecatonica, IL
45-49 Female	8	Akins, Tanya	40:39.05	13:05	Denver, CO
45-49 Female	9	Bastian, Mary	50:07.03	16:08	Pearl City, IL
45-49 Male	1	Brobst, Dave	21:22.97	6:53	Freeport, IL
45-49 Male	2	Engbert, Michael	29:19.56	9:26	Leaf River, IL
45-49 Male	3	Austin, Ted	31:27.47	10:08	Freeport, IL
45-49 Male	4	Stralow, Dan	35:11.63	11:20	Baileyville, IL
45-49 Male	5	Bastian, Joe	48:31.66	15:37	Pearl City, IL
50-54 Female	1	Wagner, Deanne	26:33.33	8:33	Yorktown, VA
50-54 Female	2	Baker, Jenny	28:09.75	9:04	Polo, IL
50-54 Female	3	Eaton, Heidi	29:33.56	9:31	Hampshire, IL
50-54 Female	4	Baumgartner, Sharon	29:52.13	9:37	Rockford, IL
50-54 Female	5	Moderow, Karen	31:59.13	10:18	Freeport, IL
50-54 Female	6	Schleich, Kelly	33:21.17	10:44	Freeport, IL
50-54 Female	7	Williams, Mary	49:57.37	16:05	Freeport, IL
50-54 Female	8	Fowler, Suzi	58:13.87	18:45	Winnebago, IL
50-54 Male	1	Winterheimer, Jeff	19:40.27	6:20	Rockford, IL
50-54 Male	2	Lichty, Tom	19:59.49	6:26	Monroe Center, IL
50-54 Male	3	Willging, Pete	21:14.92	6:50	Freeport, IL
50-54 Male	4	Howarter, Darren	25:02.31	8:04	Rockford, IL
50-54 Male	5	Tomita, Ted	28:13.37	9:05	Freeport, IL
55-59 Female	1	Churney, Karen	27:01.72	8:42	Oregon, IL
55-59 Female	2	Rampenthal, Kim	33:03.56	10:38	Freeport, IL
55-59 Female	3	Nanetti, Odilia	33:05.12	10:39	Freeport, IL
55-59 Female	4	Smith, Sandy	40:43.31	13:06	North Aurora, IL
55-59 Female	5	Haas, Shannon	44:55.84	14:28	Cedar Rapids, IA
55-59 Male	1	Rampenthal, Paul	21:02.15	6:46	Freeport, IL
55-59 Male	2	Woolbright, Alan	22:22.67	7:12	Roscoe, IL
55-59 Male	3	Mc Falls, John	26:08.42	8:25	Oregon, IL
55-59 Male	4	Lawver, Dean	28:42.73	9:15	Lena, IL
55-59 Male	5	Noto, Richard	29:23.93	9:28	Freeport, IL
55-59 Male	6	Haas, William	33:10.69	10:41	Cedar Rapids, IA

**Race Results
Age Divisions**

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June 25, 2016

Division	Place	Name	Time	Pace	City, State
60-64 Female	1	Buss, Linda	41:10.72	13:15	Freeport, IL
60-64 Female	2	White, Ronda	41:12.30	13:16	Rockford, IL
60-64 Female	3	Smith, Mary Ann	52:35.28	16:56	Downers Grove, IL
60-64 Female	4	Scripps, Barb	52:35.69	16:56	Evergreen, CO
60-64 Male	1	Kile, Fred	21:02.99	6:47	Davis, IL
60-64 Male	2	Hall, John	24:44.05	7:58	Grayslake, IL
60-64 Male	3	Mc Ilvanie, Daniel	24:44.24	7:58	Rock City, IL
60-64 Male	4	Jordan, Mark	31:12.48	10:03	Dixon, IL
65-69 Male	1	Mc Clelland, Kenneth	21:11.69	6:49	Rockford, IL
65-69 Male	2	Scripps, Tom	42:21.48	13:38	Evergreen, CO
70-74 Male	1	Baker, Thomas	28:07.95	9:03	Machesney Park, IL
70-74 Male	2	Tillett, George	28:28.19	9:10	Roscoe, IL
70-74 Male	3	Behrens, James	40:18.81	12:59	Oregon, IL
75 & up Female	1	Doolittle, Molly	35:52.98	11:33	Freeport, IL
75 & up Male	1	Johnson, Tyger	24:46.02	7:58	Dakota, IL
75 & up Male	2	Flynn, Peter	33:39.17	10:50	Freeport, IL